

BANANA SPLITS

Here is my all time FAVOURITE pudding! So easy and a great way to enjoy everyone's favourite bananas which are always super cheap here at Veggie Boys! We also have really yummy ice cream for sale at Veggie Boys so you can get them both at the same time!

Even our youngest chefs can have a go at this dessert with a bit of help from Mum or Dad with the cutting and scooping parts!

For each person you are serving you will need

1 banana

2 (or 3!) scoops of ice-cream

Chocolate ice cream topping (or caramel or strawberry if you like them better! Whatever Mum has in the cupboard! Even Maple Syrup tastes great!)

A small handful of chopped peanuts, walnuts or pecan nuts (or a sprinkle of Hundreds and Thousands if you can't have nuts)

Here's what you do

Peel the banana and place it on a chopping board.

Ask an adult to slice the banana lengthways so you have two long pieces.

Place the pieces side-by-side into a pudding bowl or onto a small plate.

Scoop out the ice cream from the tub with an adult's help and put the scoops on top of the banana.

Pour a good helping of chocolate sauce over the ice cream.

Sprinkle the nuts or Hundreds and Thousands on top and serve with a spoon!

Mum will love you to surprise her with this for pudding on Mothers Day!